

Harvest Executive Coaching Panel

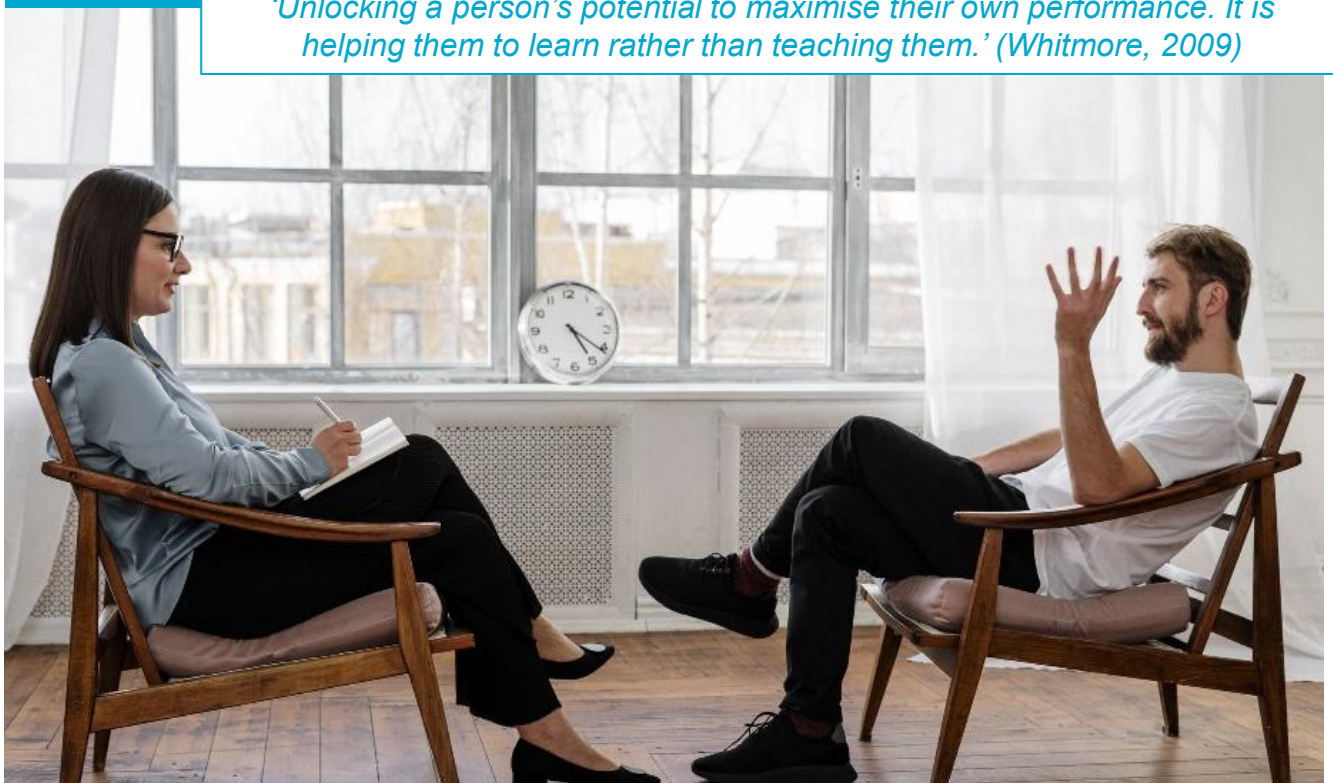
“Our Philosophy”

Our Aim

At Harvest we aim to help individuals and teams find their true potential through a coaching partnership that will support them in achieving their personal and business goals and ambitions.

By engaging with a Harvest Coach an individual will discover a safe confidential environment where they can be challenged and stimulated to think through how they can take personal responsibility for the decisions and actions they need to take to thrive in situations that impact them and their team.

‘Unlocking a person’s potential to maximise their own performance. It is helping them to learn rather than teaching them.’ (Whitmore, 2009)



Our Belief

We believe that our bespoke coaching services can help individuals and teams find their true potential and achieve transformational breakthroughs in different dynamics and with their stakeholders.

Through individually tailored sessions, working with a Harvest Coach enables individuals develop the confidence and skill sets required to be successful and achieve their potential in today’s complex world.

‘The art of facilitation of the unleashing of people’s potential to reach meaningful, important objectives’ (Rosinski, 2003)

Harvest Executive Coaching Panel

“Our Approach”



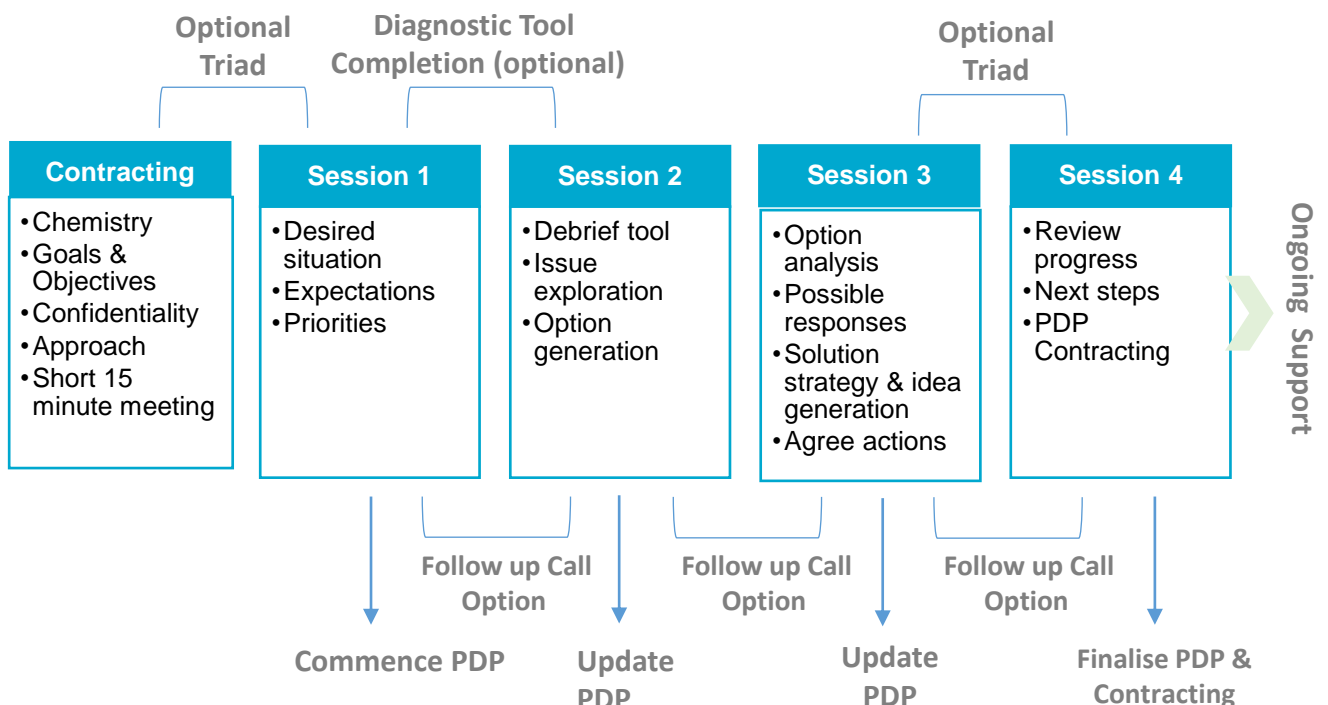
- A confidential, non-judgemental and safe space
- Highly experienced Executive Coaches
- Typically four to six sessions
- Coachee can select their coach from our panel, and meet in advance to connect and agree a coaching strategy “Contracting”
- Use of psychometric tools and personality assessment – Optional

Sample areas for discussion:

- Strategic Leadership
- First 100 Day Planning
- Career Transition
- Personalised Performance Needs
- Team Coaching
- Unlocking Potential
- Coaching as part of a Leadership Programme



A Typical Coaching Partnership



Harvest Executive Coaching Panel

“Our Team”



Glyn Billingham

Specialises in:

- Supporting leaders and teams through organisational change
- Turning strategy into action - decisions and approaches
- Business turnaround and change management

Member of: Assoc. for Coaching
Qualified in: PG Dip Mgt Coaching
MSc, BA.



Aoife Coonagh

Specialises in coaching senior leaders with:

- Leadership team performance and development
- Talent and high potential development
- Career change and transition

Member of: FCIPD

Qualified in: MSc OB, BA, Dip in Executive Coaching, MBTI, EIQ



Eamonn Eaton

Specialises in strategic leadership and team coaching in:

- High performance and talent development
- Leadership team dynamics
- Achieving outcomes and goals

Member of: EMCC, FIITD
Qualified in: Dip Mgt, Dip Exec Coaching, MBA



Aoife Donovan Lee

Specialises in coaching for:

- Leadership development
- High performance leadership
- Technology-induced stress (technostress)
- Building emotional capital

Member of: Assoc. for Coaching
Qualified in: MSc, BA, Dip Executive Coaching



Lyle English

Specialises in coaching for:

- Newly appointed managers and leaders through change
- Team performance
- Career decisions

Member of: ICF
Qualified in: Certified Coach,
Dip Marketing, Dip PR



Aoife Fay

Specialises in:

- Success through change
- Aligning personal brand with high performance
- Career progression and development
- Cross cultural coaching

Member of: EMCC, IOD
Qualified in: Adv. Dip Exec Coaching, FCA, QFA, BA

Harvest Executive Coaching Panel

“Our Team”



Tony Hayes

Specialises in developing:

- Sales and negotiation skills
- Team leadership and performance management
- Resilience in a hybrid world

Member of: IITD

Qualified in: MSc HR, BA, Dip Exec Coaching



Carol Jarrett

Specialises in:

- Conflict coaching, mediation, and dispute resolution
- Organisational change and team dynamics
- Leadership team and board performance

Member of: EMCC, IOD

Qualified in: MBA, Dip Exec Coaching, Mediator and Dispute Resolution Specialist

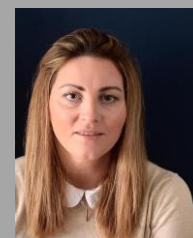


Audrey Nolan

Specialises in:

- Influencing at c-suite and board level
- Sustainability and communications
- Building high functioning teams

Qualified in: Dip Exec Coaching, Dip Psychotherapy & Counselling



Yvonne Quinn

Specialises in coaching for:

- Management and team development
- Personal skills development
- Team communications and dynamics

Member of: IITD

Qualified in: Dip Executive Coaching, Insights, EIQ



Gay White

Specialises in:

- Senior leadership development
- Resilience and performance coaching
- Strategic HR change

Member of: FIOB, FIITD, PSI, ICF

Qualified in: MSc Org Psych, Dip Cognitive Behavioural Coaching, Dip in Neuroscience for Coaches



Ailish Reid

Specialises in coaching for:

- Leadership development
- Talent and high potential development
- Career change and transition
- Building emotional capital

Member of: FCIPD, EMCC, IITD

Qualified in: MSc, BA, Dip Executive Coaching, Dip in NLP, Insights, ECR



YOUR LEARNING
YOUR GROWTH
OUR EXPERTISE



The Solution
Bespoke Learning



The Insight
Coaching and Mentoring



The Knowledge
Training and Education



The Technology
eLearning Consultancy



The Source
Unique Learning Products

For more information:

www.harvest.ie

Phone: +353 (1) 4974622

Email: hello@harvest.ie