

# Harvest Executive Coaching Panel

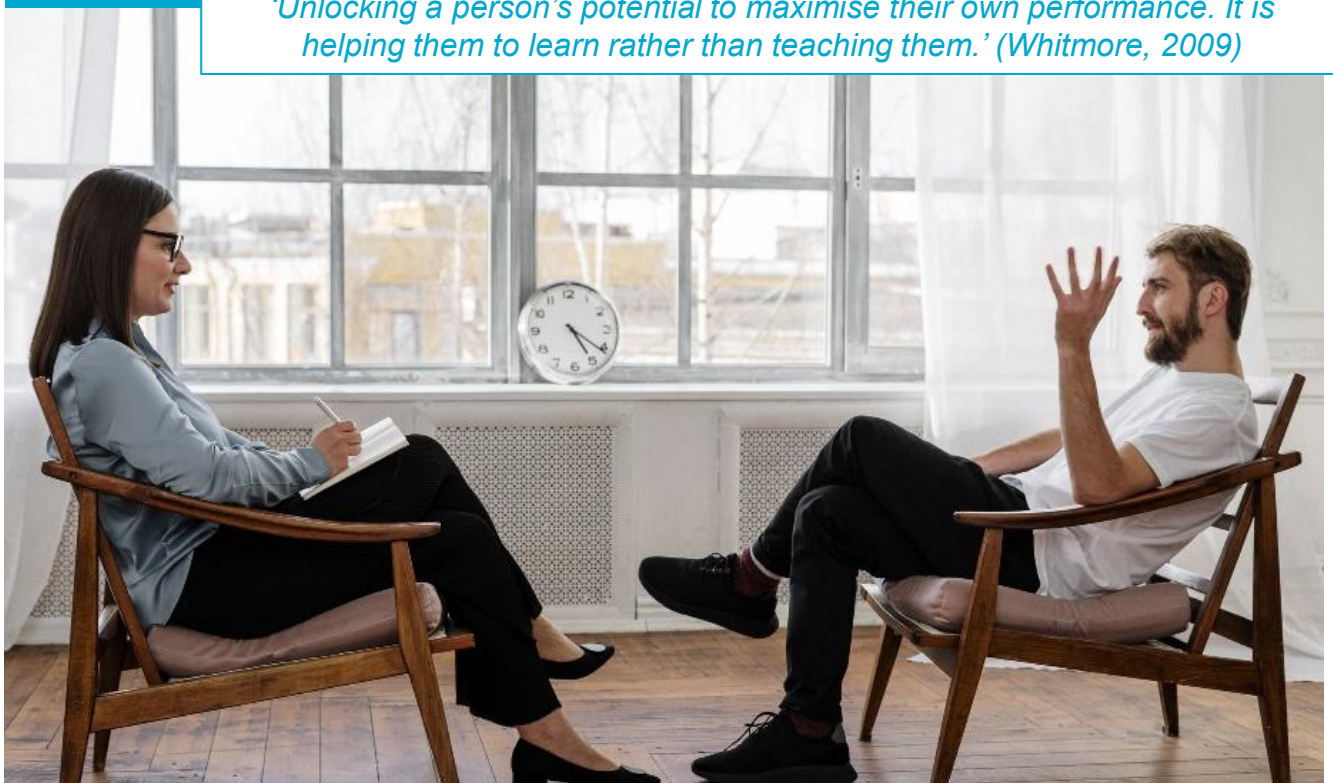
## “Our Philosophy”

### ***Our Aim***

At Harvest we aim to help individuals and teams find their true potential through a coaching partnership that will support them in achieving their personal and business goals and ambitions.

By engaging with a Harvest Coach an individual will discover a safe confidential environment where they can be challenged and stimulated to think through how they can take personal responsibility for the decisions and actions they need to take to thrive in situations that impact them and their team.

*‘Unlocking a person’s potential to maximise their own performance. It is helping them to learn rather than teaching them.’ (Whitmore, 2009)*



### ***Our Belief***

We believe that our bespoke coaching services can help individuals and teams find their true potential and achieve transformational breakthroughs in different dynamics and with their stakeholders.

Through individually tailored sessions, working with a Harvest Coach enables individuals develop the confidence and skill sets required to be successful and achieve their potential in today’s complex world.

*‘The art of facilitation of the unleashing of people’s potential to reach meaningful, important objectives’ (Rosinski, 2003)*

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## “Our Approach”



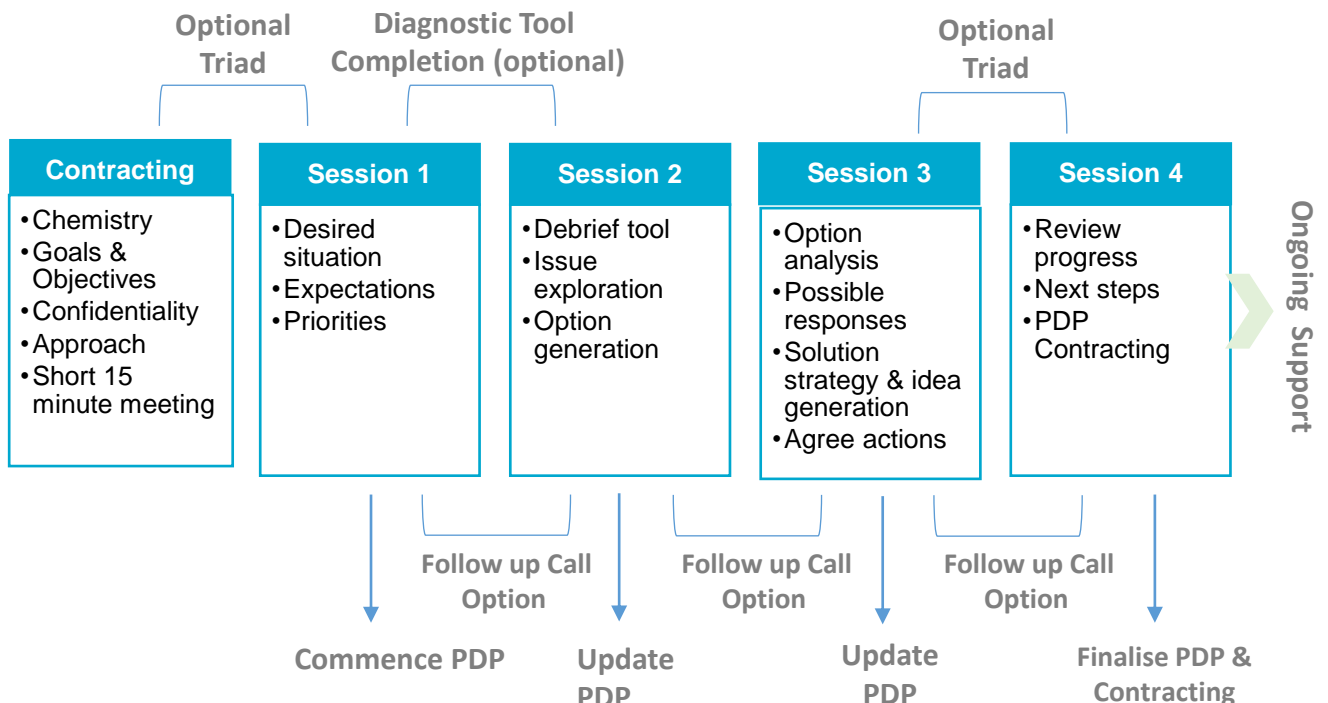
- A confidential, non-judgemental and safe space
- Highly experienced Executive Coaches
- Typically four to six sessions
- Coachee can select their coach from our panel, and meet in advance to connect and agree a coaching strategy “Contracting”
- Use of psychometric tools and personality assessment – Optional

### Sample areas for discussion:

- Strategic Leadership
- First 100 Day Planning
- Career Transition
- Personalised Performance Needs
- Team Coaching
- Unlocking Potential
- Coaching as part of a Leadership Programme



## A Typical Coaching Partnership



# Harvest Executive Coaching Panel

## “Our Team”



### Glyn Billinghamurst

Specialises in:

- Supporting leaders and teams through organisational change
- Turning strategy into action - decisions and approaches
- Business turnaround and change management

**Member of:** Assoc. for Coaching  
**Qualified in:** PG Dip Mgt Coaching MSc, BA.



### Aoife Coonagh

Specialises in coaching senior leaders with:

- Leadership team performance and development
- Talent and high potential development
- Career change and transition

**Member of:** FCIPD

**Qualified in:** MSc OB, BA, Dip in Executive Coaching, MBTI, EIQ



### Eamonn Eaton

Specialises in strategic leadership and team coaching in:

- High performance and talent development
- Leadership team dynamics
- Achieving outcomes and goals

**Member of:** EMCC, FIITD

**Qualified in:** Dip Mgt, Dip Exec Coaching, MBA



### Aoife Donovan Lee

Specialises in coaching for:

- Leadership development
- High performance leadership
- Technology-induced stress (technostress)
- Building emotional capital

**Member of:** Assoc. for Coaching

**Qualified in:** MSc, BA, Dip Executive Coaching



### Lyle English

Specialises in coaching for:

- Newly appointed managers and leaders through change
- Team performance
- Career decisions

**Member of:** ICF

**Qualified in:** Certified Coach, Dip Marketing, Dip PR



### Aoife Fay

Specialises in:

- Success through change
- Aligning personal brand with high performance
- Career progression and development

• Cross cultural coaching

**Member of:** EMCC, IOD

**Qualified in:** Adv. Dip Exec Coaching, FCA, QFA, BA

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## “Our Team”



### Carol Jarrett

Specialises in:

- Conflict coaching, mediation, and dispute resolution
- Organisational change and team dynamics
- Leadership team and board performance

**Member of:** EMCC, IOD

**Qualified in:** MBA, Dip Exec Coaching, Mediator and Dispute Resolution Specialist, EQI



### Audrey Nolan

Specialises in:

- Influencing at c-suite and board level
- Sustainability and communications
- Building high functioning teams

**Member of:** EMCC

**Qualified in:** Dip Exec Coaching, Dip Psychotherapy & Counselling



### Ailish Reid

Specialises in coaching for:

- Leadership development
- Talent and high potential development
- Career change and transition
- Building emotional capital

**Member of:** FCIPD, EMCC, IITD

**Qualified in:** MSc, BA, Dip Executive Coaching, Dip in NLP, Insights & ECR



### Jaime McGrane

Specialises in coaching for:

- Leadership development (Coached leaders in: Sales, Customer Success, Marketing, L&D, HR, & Talent)
- Managing change & resilience
- Goal setting, strategic planning & performance enhancement
- Business Owners/CEOs/Start-Ups

**Member of:** Association For Coaching, EMEA Gallup Certified Strengths Coach Alumni

**Qualified in:** Dip Executive & Life Coaching, Dip Leadership & Mgt., Dip L&D Practice, BComm



YOUR LEARNING  
YOUR GROWTH  
OUR EXPERTISE



**The Solution**  
Bespoke Learning



**The Insight**  
Coaching and Mentoring



**The Knowledge**  
Training and Education



**The Technology**  
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