



Harvest Executive Coaching Panel

“Our Philosophy”

Our Aim

At Harvest we aim to help individuals and teams find their true potential through a coaching partnership that will support them in achieving their personal and business goals and ambitions.

By engaging with a Harvest Coach an individual will discover a safe confidential environment where they can be challenged and stimulated to think through how they can take personal responsibility for the decisions and actions they need to take to thrive in situations that impact them and their team.

Our Belief

We believe that our bespoke coaching services can help individuals and teams find their true potential and achieve transformational breakthroughs in different dynamics and with their stakeholders.

Through individually tailored sessions, working with a Harvest Coach enables individuals develop the confidence and skill sets required to be successful and achieve their potential in today's complex world.

The art of facilitation of the unleashing of people's potential to reach meaningful, important objectives' (Rosinski, 2003)

'Unlocking a person's potential to maximise their own performance. It is helping them to learn rather than teaching them.' (Whitmore, 2009)

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“Our Approach”

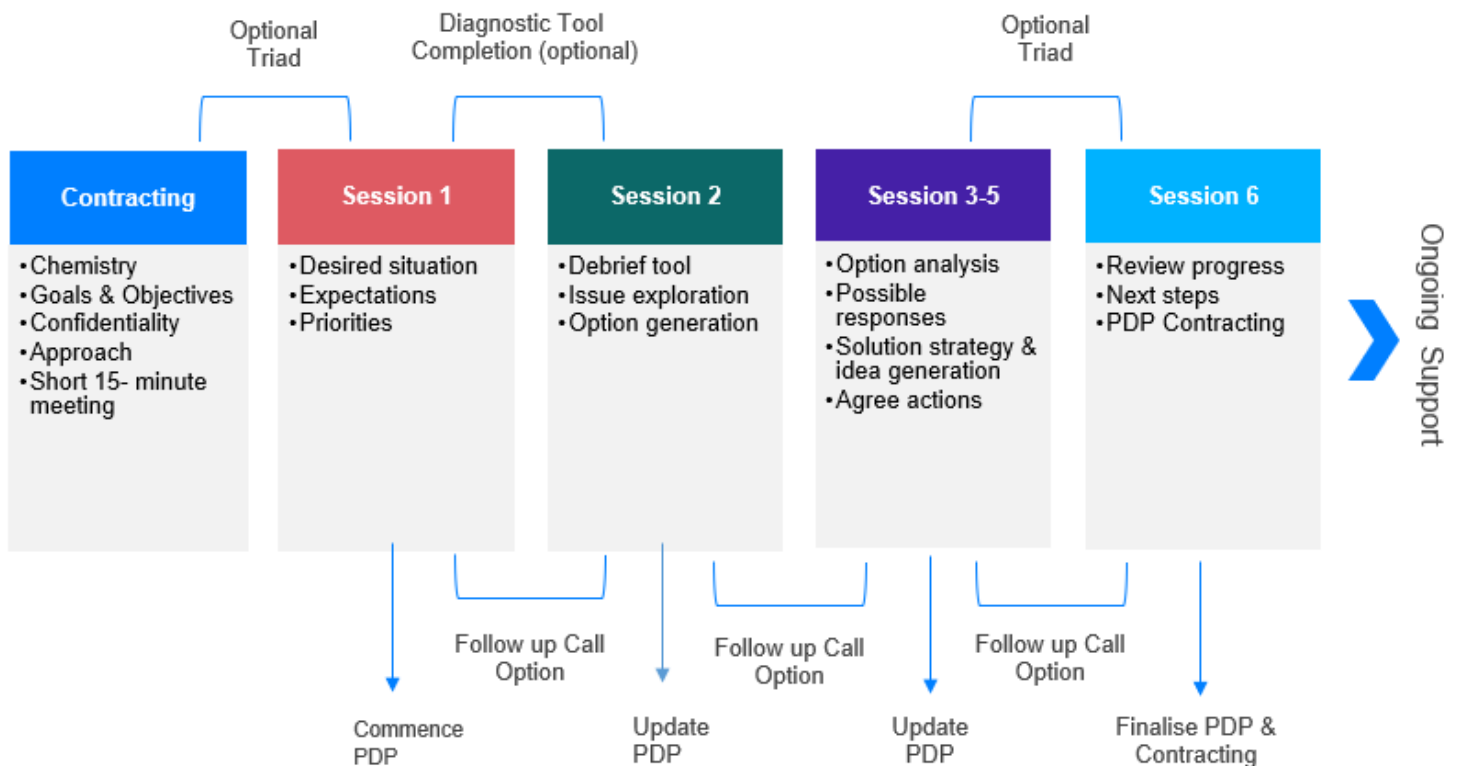
Our Approach

- A confidential, non-judgemental and safe space
- Highly experienced Executive Coaches
- Typically, four to eight sessions
- Coachee can select their coach from our panel, and meet in advance to connect and agree a coaching strategy “Contracting”
- Use of psychometric tools and personality assessment – Optional

Sample areas for discussion

- Strategic Leadership
- First 100 Day Planning
- Career Transition
- Personalised Performance Needs
- Team Coaching
- Unlocking Potential
- Coaching as part of a Leadership Programme

A Typical Coaching Partnership



Harvest Executive Coaching Panel

“Our Team”



Eamonn Eaton

Specialises in strategic leadership and team coaching in:

- High performance and talent development
- Leadership team dynamics
- Achieving outcomes and goals

Member of: EMCC, FIITD

Qualified in: Dip Mgt, Dip Exec Coaching, MBA



Aoife Coonagh

Specialises in coaching senior leaders with:

- Leadership team performance and development
- Talent and high potential development
- Career change and transition

Member of: FCIPD

Qualified in: MSc OB, BA, Dip in Executive Coaching, MBTI, EIQ



Glyn Billinghamurst

Specialises in:

- Supporting leaders and teams through organisational change
- Turning strategy into action - decisions and approaches
- Business turnaround and change management

Member of: Assoc. for Coaching

Qualified in: PG Dip Mgt - Coaching MSc, BA.



Audrey Nolan

Specialises in:

- Influencing at c-suite and board level
- Sustainability and communications
- Building high functioning teams

Member of: EMCC

Qualified in: Dip Exec Coaching, Dip Psychotherapy & Counselling



Aoife Fay

Specialises in:

- Success through change
- Aligning personal brand with high performance
- Career progression and development
- Cross cultural coaching

Member of: EMCC, IOD

Qualified in: Adv. Dip Exec Coaching, FCA, QFA, BA



Dr Kevin Jennings

Specialises in :

- Executive and Senior leadership development
- Adaptive leadership practices, systems thinking and leading change in complexity
- Emotional intelligence, performance management, succession planning and high-potential leadership

Member of: EMCC

Qualified in: PhD, MA, PGDip in Executive Coaching, HDipED, BSc, BMus, MBTI, Insights, DISC, ECR (EQ)

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“Our Team”



Carol Jarrett

Specialises in:

- Conflict coaching, mediation, and dispute resolution
- Organisational change and team dynamics
- Leadership team and board performance

Member of: EMCC, IOD
Qualified in: MBA, Dip Exec Coaching, Mediator and Dispute Resolution Specialist, EQI



Michelle O'Sullivan

Specialises in :

- Executive and senior leader career transitioning
- Leadership development and executive presence
- Emotional intelligence / Workplace conflict / managing difficult situations

Member of: EMCC, IOD
Qualified in: Dip Coaching & neuroscience, EQI & 360 Team Coaching & Assessor



Eimer Lyons

Specialises in:

- Leadership and Management Development
- People Management / Performance Coaching
- Employee Relations, Managing Conflict, Strategic Change

Member of: EMCC, LEO Enterprising Women Network, CIPD
Qualified in: Adv. Dip Mental Health & Wellbeing Coaching, Dip Exec Coaching, Dip Strategic HR Management, Dip Exec & Life Coaching



Shelly Crawford

Specialises in :

- Executive and Senior leadership development
- Adaptive leadership practices, systems thinking and leading change in complexity
- Emotional intelligence, performance management, succession planning and high-potential leadership

Member of: EMCC.
Qualified in: PhD, MA, PGDip in Executive Coaching, HDipED, BSc, BMus, MBTI, Insights, DISC, ECR (EQ)



Justine McGrath

Specialises in:

- People Management & Leadership Development
- High Performance Teams, Personal Resilience and change management
- Emotional intelligence, Self Awareness & adaptability

Member of: Associate Certified Coach with the ICF
Qualified in: BA, Prof. Dip Personal & Executive Coaching BPS A & B, 16PF/15FQ+ NEO, JTI and EIQ



Fiona Fox

Specialises in :

- High-impact coaching for working parents, managers, and Leaders and Women
- Executive and Senior leadership development and leading change in complexity
- Emotional intelligence, performance management, succession planning and high-potential leadership

Member of: EMCC.
Qualified in: BA & MA in HRM, PGDip in Executive Coaching, Insights, DISC, ECR (EQ)

Harvest – Your Learning, Your Growth, Our Expertise

What we do

- Leadership Development
- Team Dynamics and Coaching
- Performance Management
- L & D Strategy
- Executive Coaching Panel
- Talent Strategy and Management
- Role Profiling & Career Path Mapping
- Sales Leadership & Team Development
- Executive Coaching Panel
- Developing In-House Mentoring Capability

About Harvest

Our team of learning experts and training specialists are dedicated to transforming workplace learning by building world-class learning experiences for our clients, which includes digital and virtual delivery approaches. We are Ireland's foremost people development consultancy with almost 40 years' experience in leadership and people development, talent strategies, team development, business and sales team development, executive coaching, and in-house mentoring panels.

We excel at helping people improve performance and grow their business by designing and delivering a tailored training solution to meet their specific business challenge. We place significant emphasis on context. All of our tailored learning solutions will positively impact individual, team and organisational challenges and growth needs.

For more information and to meet the team please check out www.harvest.ie



Your Learning
Your Growth
Our Expertise



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