

# Harvest Executive Coaching Panel

## "Our Philosophy"

## Our Aim

At Harvest we aim to help individuals and teams find their true potential through a coaching partnership that will support them in achieving their personal and business goals and ambitions.

By engaging with a Harvest Coach an individual will discover a safe confidential environment where they can be challenged and stimulated to think through how they can take personal responsibility for the decisions and actions they need to take to thrive in situations that impact them and their team.

## Our Belief

We believe that our bespoke coaching services can help individuals and teams find their true potential and achieve transformational breakthroughs in different dynamics and with their stakeholders.

Through individually tailored sessions, working with a Harvest Coach enables individuals develop the confidence and skill sets required to be successful and achieve their potential in today's complex world.

*The art of facilitation of the unleashing of people's potential to reach meaningful, important objectives' (Rosinski, 2003)*

*'Unlocking a person's potential to maximise their own performance. It is helping'them to learn rather than teaching them.' (Whitmore, 2009)*

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## "Our Approach"

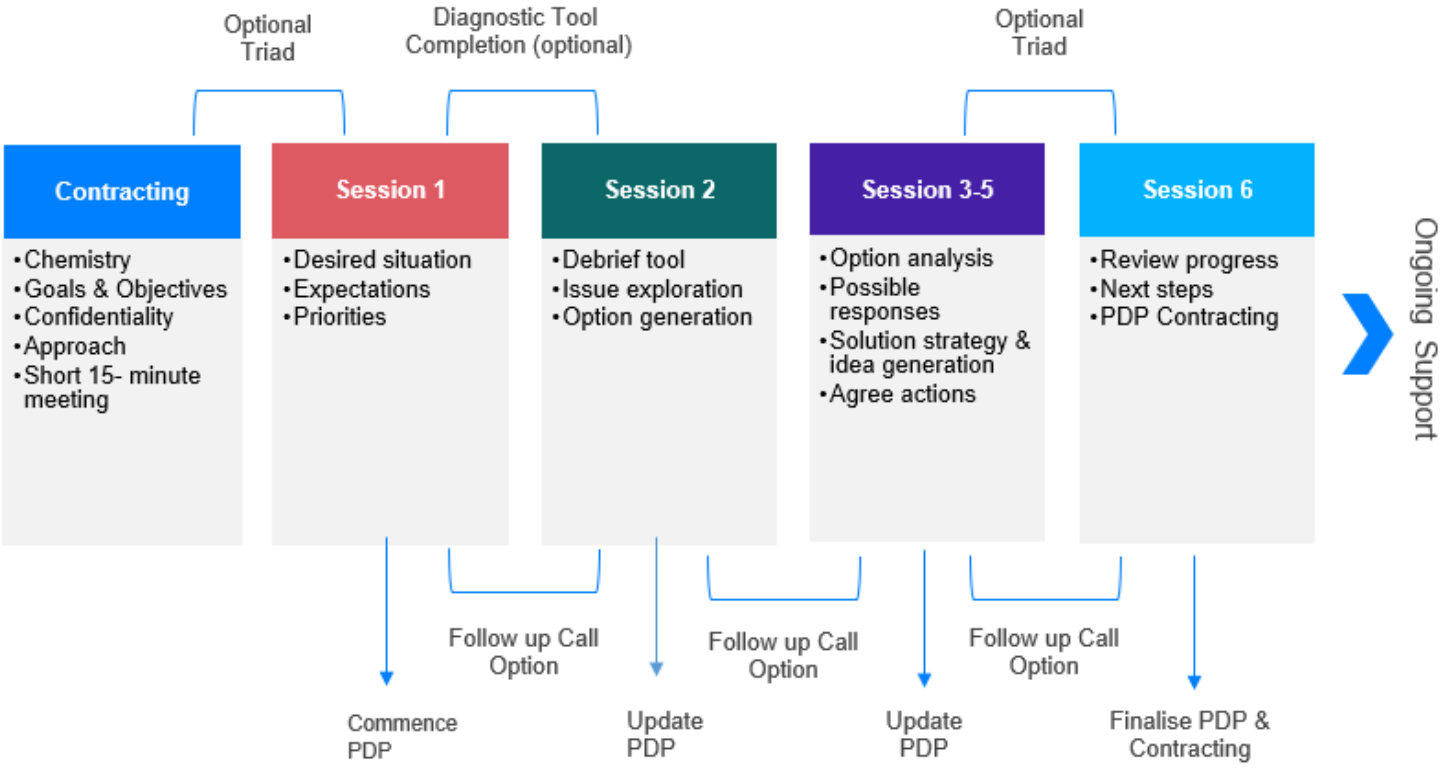
### Our Approach

- A confidential, non-judgemental and safe space
- Highly experienced Executive Coaches
- Typically, four to eight sessions
- Coachee can select their coach from our panel, and meet in advance to connect and agree a coaching strategy "Contracting"
- Use of psychometric tools and personality assessment – Optional

### Sample areas for discussion

- Strategic Leadership
- First 100 Day Planning
- Career Transition
- Personalised Performance Needs
- Team Coaching
- Unlocking Potential
- Coaching as part of a Leadership Programme

## A Typical Coaching Partnership



# Harvest Executive Coaching Panel

## "Our Team"



### Eamonn Eaton

**Specialises in strategic leadership and team coaching in:**

- High performance and talent development
- Leadership team dynamics
- Achieving outcomes and goals

Member of: EMCC, FIITD
Qualified in: Dip Mgt, Dip Exec Coaching, MBA



### Aoife Coonagh

**Specialises in coaching senior leaders with:**

- Leadership team performance and development
- Talent and high potential development
- Career change and transition

Member of: FCIPD
Qualified in: MSc OB, BA, Dip in Executive Coaching, MBTI, EIQ



### Glyn Billinghurst

**Specialises in:**

- Supporting leaders and teams through organisational change
- Turning strategy into action - decisions and approaches
- Business turnaround and change management

Member of: Assoc. for Coaching
Qualified in: PG Dip Mgt - Coaching MSc, BA.



### Dr Kevin Jennings

**Specialises in :**

- Executive and Senior leadership development
- Adaptive leadership practices, systems thinking and leading change in complexity
- Emotional intelligence, performance management, succession planning and high-potential leadership

Member of: EMCC
Qualified in: PhD, MA, PGDip in Executive Coaching, HDipED, BSc, BMus, MBTI, Insights, DISC, ECR (EQ)



### Aoife Fay

**Specialises in:**

- Success through change
- Aligning personal brand with high performance
- Career progression and development
- Cross cultural coaching

Member of: EMCC, IOD
Qualified in: Adv. Dip Exec Coaching, FCA, QFA, BA



### Niamh Briody Jordan

**Specialises in:**

- Executive coaching for C-suite and senior leaders
- Leadership effectiveness, executive presence, and strategic decision-making
- Leadership transitions, team dynamics, and organisational change

Member of: Association for Coaching (AC)
Qualified in: ILM Level 7 Executive Coaching & Mentoring, Chair, Association for Coaching UAE, Executive Coach & Coach Supervisor , ICF-accredited Meet Yourself Practitioner

Harvest
Your Learning
Your Growth
Our Expertise

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## Eimer Lyons

**Specialises in**:
- Leadership and Management Development
- People Management / Performance Coaching
- Employee Relations, Managing Conflict, Strategic Change

Member of: EMCC, LEO Enterprising Women Network, CIPD
Qualified in: Adv. Dip Mental Health & Wellbeing Coaching, Dip Exec Coaching, Dip Strategic HR Management, Dip Exec & Life Coaching



## Shelly Crawford

**Specialises in :**
- Executive and Senior leadership development
- Adaptive leadership practices, systems thinking and leading change in complexity
- Emotional intelligence, performance management, succession planning and high-potential leadership

Member of: EMCC.
Qualified in: PhD, MA, PGDip in Executive Coaching, HDipED, BSc, BMus, MBTI, Insights, DISC, ECR (EQ)



## Justine McGrath

**Specialises in**:
- People Management & Leadership Development
- High Performance Teams, Personal Resilience and change management
- Emotional intelligence, Self Awareness & adaptability

Member of: Associate Certified Coach with the ICF
Qualified in: BA, Prof. Dip Personal & Executive Coaching
BPS A & B, 16PF/15FQ+ NEO, JTI and EIQ



## Fiona Fox

**Specialises in :**
- High-impact coaching for working parents, managers, and Leaders and Women
- Executive and Senior leadership development and leading change in complexity
- Emotional intelligence, performance management, succession planning and high-potential leadership

Member of: EMCC.
Qualified in: BA & MA in HRM, PGDip in Executive Coaching, Insights, DISC, ECR (EQ)



## Michelle O'Sullivan
## Not Available

**Specialises in :**
- Executive and senior leader career transitioning
- Leadership development and executive presence
- Emotional intelligence / Workplace conflict / managing difficult situations

Member of: EMCC, IOD
Qualified in: Dip Coaching & neuroscience, EQI & 360 Team Coaching & Assessor

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# Harvest – Your Learning, Your Growth, Our Expertise

## What we do



- Leadership Development
- Team Dynamics and Coaching
- Performance Management
- L & D Strategy
- Executive Coaching Panel
- Talent Strategy and Management
- Role Profiling & Career Path Mapping
- Sales Leadership & Team Development
- Executive Coaching Panel
- Developing In-House Mentoring Capability

## About Harvest

Our team of learning experts and training specialists are dedicated to transforming workplace learning by building world-class learning experiences for our clients, which includes digital and virtual delivery approaches. We are Ireland's foremost people development consultancy with almost 40 years' experience in leadership and people development, talent strategies, team development, business and sales team development, executive coaching, and in-house mentoring panels.

We excel at helping people improve performance and grow their business by designing and delivering a tailored training solution to meet their specific business challenge. We place significant emphasis on context. All of our tailored learning solutions will positively impact individual, team and organisational challenges and growth needs.

For more information and to meet the team please check out www.harvest.ie

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